

UNITY TAEKWONDO FESTIVAL

KYORUGI • POOMSAE • VR TAEKWONDO • KICK

SPORT HALL "MIRLOSAV ANTIC"

ALL CATEGORIES



29. NOVEMBER
NIŠ - SERBIA



www.tkd-reg.com

Dear Friends, Dear Taekwondo Family,

We are honored and proud to invite you and your athletes to participate in our upcoming Taekwondo Tournament, organized by Taekwondo Team Silla, which will be held in Niš, Serbia, on November 29th, 2025, in the Mika Antić Sports Hall.

We will strive to provide a high-quality competition, excellent organization, and a strong spirit of fair play. This event is a great opportunity for athletes to test their skills, gain new experiences, and enjoy the values of Taekwondo.

We sincerely hope that you will join us and make this tournament a memorable experience for all.

We wish all participants good luck, and we hope you will have a pleasant stay in our beautiful city of Niš.

Sincerely,

TAEKWONDO TEAM SILLA

Dear Friends, Dear Taekwondo Family,

ORGANIZERS: TAEKWONDO TEAM SILLA

DATE: 29.11.2025 start at 9:00 AM

PLACE: Niš, Serbia

APPLICATIONS: 27.11.2025 until 23:59

WEIGH-IN: 28.11.2025 & 29.11.2025

LOCATION: Knjaževačka 156
(Sport Hall "Miroslav Antić")

AWARDS:

1st place – gold medal and diploma

2nd place – silver medal and diploma

3rd place – bronze medals and diplomas

PROTECTORS: KPNP

ONLINE REGISTRATION:

www.tkd-reg.com

ENTRY FEE:

DISCIPLINE	COST
KYORUGI	40 EUR
POOMSAE	40 EUR
VR TAEKWONDO	30 EUR
KICK	20 EUR

CATEGORIES:

CATEGORIES	AGE
CHILDREN	2014-2017
CATEDS	2011-2013
JUNIORS	2008-2010
SENIORS	2008+

KYORUGI :

Children (Boys/Girls) 8–9 years

-19 kg, -21 kg, -23 kg, -25 kg, -27 kg, -29 kg, -31 kg, -33 kg, -36 kg, -39 kg,
-43 kg, +43 kg

Children (Boys/Girls) 10–11 years

-27 kg, -30 kg, -33 kg, -36 kg, -40 kg, -44 kg, -48 kg, -52 kg, -57 kg, +57 kg

Cadets (Girls)

-29 kg, -33 kg, -37 kg, -41 kg, -44 kg, -47 kg, -51 kg, -55 kg, -59 kg, +59 kg

Cadets (Boys)

-33 kg, -37 kg, -41 kg, -45 kg, -49 kg, -53 kg, -57 kg, -61 kg, -65 kg, +65 kg

Juniors (Female)

-42 kg, -44 kg, -46 kg, -49 kg, -52 kg, -55 kg, -59 kg, -63 kg, -68 kg, +68 kg

Juniors (Male)

-45 kg, -48 kg, -51 kg, -55 kg, -59 kg, -63 kg, -68 kg, -73 kg, -78 kg, +78 kg

Seniors (Female)

-46 kg, -49 kg, -53 kg, -57 kg, -62 kg, -67 kg, -73 kg, +73 kg

Seniors (Male)

-54 kg, -58 kg, -63 kg, -68 kg, -74 kg, -80 kg, -87 kg, +87 kg

NOTES:

- Online registration is available at tkd-reg.com.
- A category change after the registration deadline will be charged 30 EUR.
- All competitors must be properly registered for the 2025 season, and must present a valid medical examination certificate not older than 6 months.
- For children (pioneers), there is a 100-gram tolerance during weigh-in.
- For cadets, juniors, and seniors, no tolerance is allowed during weigh-in.
- If a competitor does not meet the registered weight category, they will be removed from the draw.
- The use of instep protectors and helmets with face shields is mandatory for younger age categories (provided by the Association).
- Kicks to the head are not allowed for competitors in Class B.
- All competitors participate at their own risk.
- The organizer is not responsible for any injuries, nor for loss of equipment or personal documents.
- Competitors under the age of 18 must present written parental consent.
- Only licensed coaches for the year 2025 are allowed to sit in the coach's chair beside the ring.
- Protest fee: 50 EUR

POOMSAE:

- Online registration is available at tkd-reg.com.
- Any change of category after the registration deadline will be charged 40EUR.
- All competitors must be properly registered for the 2025 season and must provide valid medical clearance not older than 6 months.
 - Competition is held in two classes:
 - Class A – Black belts (1st Dan/Poom and above)
 - Class B – Color belts (8th Kup to 1st Kup)
 - Exception: Class A - Children (Pioneers) with 1st to 4th Kup and above may compete.
 - Forms Program (Poomsae):
 - The drawn poomsae list for Class A (all categories) will be published on Saturday, October 11, 2025.
 - The program for Class B (all age groups) is predefined and available in the table – forms are selected by the competitor.
 - Scoring:
 - Forms will be evaluated by 5 judges. The highest and lowest scores will be deducted, and the final score will be calculated from the remaining three.
 - Important:
 - If a competitor in Class A fails to perform the designated form (drawn form), their final score will be reduced by 1.0 point.
 - Uniform Rules:
 - All competitors in both Class A and B must wear a dobok appropriate to their belt rank.
 - For example, a competitor wearing a green, blue, or any color belt must not wear a black-collared dobok.
 - If this occurs, the competitor must cover the collar (e.g., with tape) or a deduction of 0.3 points will be applied before the performance begins.

POOMSAE:

CUP	BELT
8	YELLOW
7	YELLOW / GREEN
6	GREEN
5	GREEN / BLUE
4	BLUE
3	BLUE / RED
2	RED
1	RED / BLACK

KICK:

Eligible Age Categories:

- Children (6–7 years old)

- Children (8–9 years old)

- Children (10–11 years old)

- Cadets

- Juniors

Note: There are no weight categories in this discipline.

Boys and girls compete together within their respective age groups.

Competition Format:

- The match is won by the competitor who wins two rounds.

- In the event of a tie after two rounds, a third (deciding) round will be held.

Competition Rules:

- After each executed kick, the foot must touch the ground before performing the next kick.

- Touching the punching bag with hands is strictly not allowed.

- Competitors who fail to follow the rules will be disqualified.

VR TEKWONDO:

CATEGORIES

- Children (m/f) – Born in 2016 and 2017
- Children (m/f) – Born in 2014 and 2015
- Cadets (m/f) – Born in 2011, 2012, and 2013
- Juniors (m/f) – Born in 2008, 2009, and 2010
- Seniors (m/f) – Born in 2008 and earlier

MATCH FORMAT

- Each match is conducted in a Best-of-3 rounds format.
- Each round lasts a maximum of 60 seconds, with 30 seconds rest between rounds.

Victory Conditions (Per Round):

A round is won when one of the following occurs:

- An athlete completely depletes the opponent's Health Bar within the time limit;
- An athlete has a higher Health Bar than the opponent when the round ends;
- An athlete is disqualified.

UNITY TAEKWONDO FESTIVAL

ENTER THE ARENA.
LEAVE AS A CHAMPION.

