

22nd OMEGA CUP



**KORYUGI
POOMSAE
KICK** ⚡

March 14th, 2026 Belgrade -Serbia

22nd OMEGA CUP

March 14th, 2026



Dear Coaches, Athletes and Team Leaders,

On behalf of the Taekwondo Club Omega, I am proud to invite you and your athletes to participate in the 21st Omega Cup in Belgrade, on March 14th, 2026. We guarantee high-quality organization and competition.

We look forward to receiving your confirmation of participation in this event and hope that you will enjoy the competition as well as your stay in Belgrade, Serbia.

Yours sincerely,
Irena Krklješ
President

Taekwondo Club Omega

Organizer: TAEKWONDO CLUB OMEGA

Sponsor: Taekwondo Club Omega and Borough Cukarica

Technical support: Taekwondo Association of Serbia

Date: Saturday, March 14th, 2026

Location: "Sports Hall", Pariske komune 20, 11070 Belgrade

Timetable: Saturday, March 14th, 2026

Friday, March 13th, 2026

18.00-20.00h Registration & Weigh-in (Sports arena)

Saturday, March 14th, 2026

07.30-08.30h Registration & Weigh-in

08.30-09.00h Referee consultation

09.00h Start of competition - Kyorugi

09.00h Start of competition - Poomsae

09.00h Start of competition - Kick

Note: The schedule is subject to change

Taekwondo club Omega

+381 63 103 00 82

omega.taekwondo@gmail.com

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Qualifications: Membership in National Associations is mandatory for all age categories.

Competition rules: Valid WTF, ETU, and TAS rules. Electronic scoring system KPNP for all categories.

Applications: This service is provided by the Taekwondo Association of Serbia.

Registration link: <https://www.tkd-reg.com>

Deadline for Applications: At the Latest, March 11th, 2026. at 24h
Entries after the deadline will not be accepted.

Registration fee: KYORUGI - 40€, KICK - 20€, POOMSAE - single discipline 40€, two disciplines 50€. Payment is allowed at registration before weigh-in.

Changes: Competitors can't change the weight category after the application deadline.

Also, competitors can't change the weight category after the official weigh-in. If the athlete registered online does not participate in the competition for some reason but he/she has not been removed from the list of participants before the deadline, his/her official team must fully pay his/her registration fee.

The registration fee is not refundable at any time after the deadline.

Changes: Competitors can't change the weight category after the application deadline.

Also, competitors can't change the weight category after the official weigh-in. If the athlete registered online does not participate in the competition for some reason but he/she has not been removed from the list of participants before the deadline, his/her official team must fully pay his/her registration fee.

The registration fee is not refundable at any time after the deadline.

Protest: Only the head of the team (official coach) has the right to protest immediately after the match. A protest fee of 50eur is to be paid, for every protest, to the Competition Board.

Responsibility: All competitors take part in the competition at their own responsibility. The organizer shall not be liable for resulting injury, damage, or loss of items and equipment. First Aid will be provided by the organizer. Bad behavior will be immediately sanctioned with the Disciplinary rules of TAS, ETU, and WTF.

With the registration, the Participant/ Club acknowledges and accepts all the listed points.

Awards: Single awards 1st, 2nd, and 3rd places- one medal and diploma for each.
Team awards - Trophies for 1st, 2nd, and 3rd place. Special award for the best competitor.

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KYORUGI

Age Categories:

Children (m/f) - A and B class, born in 2015., 2016., 2017., and 2018., B class up to 4th Cup

Cadets (m/ f) - A and B class, born in 2012., 2013., and 2014. B class up to 4th Cup

Juniors (m/ f) - A and B class, born in 2009., 2010., and 2011.

Seniors (m/f) - A and B class from 2009, and before

Weight Categories:

Children (m/f) 8 - 9 years -19-21-23-25-27-29-31-33-36-39-43 +43

Children (m/f) 10 - 11 years -27-30-33-36-40-44-48-52-57 +57

Cadets (f) -29-33-37-41-44 47-51-55-59 +59

Cadets(m) -33-37-41-45 49-53-57-61-65 +65

Juniors (f) -42-44-46-49-52-55-59-63-68 +68

Juniors (m) -45-48-51-55-59-63-68-73-78+78

Seniors (f) -46-49-53-57-62-67-73+73

Seniors (m) -54-58-63-68-74-80-87+87

KICK

The Kick discipline is intended for competitors in the following age categories:

Categories:

Children 6-7 years old

Children 8-9 years old

Children 10-11 years old

Cadets

Juniors

There are no weight categories in this discipline, and boys and girls compete together within their respective age categories. The winner is determined after winning two rounds. In case of a tie, an additional third round will be held.

Competition Rules:

After each executed kick, the foot must touch the ground before performing the next kick. It is not allowed to touch the punching bag with hands.

Competitors who do not follow the rules will be disqualified.

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POOMSAE

Note: Competitions will be held only for recognized poomsae. No competitions in free style.

Technical info: The competition is going to be held in TWO (2) classes:

A class- black belts (1st DAN/Poom and higher) Except for children in A class (4th KUP and higher)

B class - color belts (from 8th - 1st KUP).

Scores will be given by 5 referees, with the exclusion of the highest and lowest marks in both accuracy and presentation marks.

“A” Class - Categories and Rules

INDIVIDUAL (m&f)	AGE	GRADE	COMPULSORY POOMSAE
CHILDREN 1	8–11 years old (2015–2018)	4th Kup and higher	Taegeuk 2,3,4,5,6,7,8, Koryo
CADET 1	12–14 years old (2012–2014)	1st POOM and higher	Taegeuk 4,5,6,7,8, Jang, Koryo, Keumgang, Taeback
JUNIOR 1	15–17 years old (2009–2011)	1st DAN/POOM and higher	Taegeuk 5,6,7,8, Jang, Koryo, Keumgang, Taeback, Pyongwon
SENIOR 1	18–30 years old (1996–2008)	1st DAN and higher	Taegeuk 7,8, Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae
SENIOR 2	31–40 years old (1986–1995)	1st DAN and higher	Taegeuk 7,8, Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae

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INDIVIDUAL (m&f)	AGE	GRADE	COMPULSORY POOMSAE
MASTER 1	41-50 years old (1976-1985)	1st DAN and higher	Taegeuk 8, Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
MASTER 2	51-60 years old (1966-1975)	1st DAN and higher	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
MASTER 3	61-65 years old (1961-1965)	1st DAN and higher	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
MASTER 4	66+ years old (1958-...)	1st DAN and higher	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

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PAIRS AND TEAMS (m&f)	AGE	GRADE	COMPULSORY POOMSAE
CHILDREN	8–11 years old (2014–2017)	4th Kup and higher	Taegeuk 2,3,4,5,6,7,8,
CADET	12–14 years old (2011–2013)	1st POOM and higher	Taegeuk 4,5,6,7,8, Jang, Koryo,
JUNIOR	15–17 years old (2008–2010)	1st POOM and higher	Taegeuk 4,5,6,7,8, Jang, Koryo,
SENIOR 1	18–30 years old (1995–2007)	1st DAN and higher	Taegeuk 6,7,8, Jang, Koryo,
SENIOR 2	31–50 years old (1975–1994)	1st DAN and higher	Taegeuk 8, Jang, Koryo, Keumgang,
MASTER 1	51–60 years old (1965–1974)	1st DAN and higher	Koryo, Keumgang, Taeback,
MASTER 2	60+ years old (1964–...)	1st DAN and higher	Koryo, Keumgang, Taeback,

Pair competition: 2 athletes (m+f) **Team competition:** 3 athletes (m+m+m /f+f+)

The draw and the results: compulsory Poomsae. The draw and the results of the Poomsae will be performed by the competition board on <https://tms.vbs-sol.com/>

On principle, all members of a pair/team must be of the appropriate age.

Exception: In the junior category, a pair/ team can consist of juniors and cadets, but in any case, they will have to compete in the Junior class.



System of Competition "A" CLASS - Cut off system

1st round Preliminary: When 20 or more contestants are participating: Contestants shall perform the two assigned compulsory Poomsae, and half from each group shall advance to the semi-final based on their points. In the preliminary round, each group might be judged by a different group of judges. If the number of contestants is odd, then the number is rounded to be an even number, e.g. if there are 13 contestants in the group, 13 contestants are considered as 14 contestants and 7 contestants shall advance to semi-final.

2nd round Semi-final: When 9 to 19 contestants are participating: The competition shall start from semi-final round. Contestants shall perform the two assigned compulsory Poomsae and 8 of them shall advance to the final, on the basis of their points.

3rd round Final: When 8 or fewer contestants are participating: The competition shall start from the final round. Contestants shall perform two Poomsae, in accordance with the drawing of lots.

Note: The organizer reserves the right to reduce the number of Poomsae to be performed in the preliminary and in semi-final round to 1 (one) form.

Procedure in case of equal score:

In case there is a tied score after the completion of the preliminary round, at the last place of the best 50%, respectively on the 8th rank of the semi-final round, the points in the presentation will be the determining factor for advancement to the next round. If this score is equal as well, all competitors in question will advance.

In case there is a tied score after the completion of the final round on the rank 1, 2, or 3, the contestant who is awarded more points in the presentation shall be declared as a winner. In case the score is still tied, the contestant who has more total points (including highest and lowest) shall be the winner. If the score is tied after the addition of the total points, competitors shall have a rematch. The referee will decide about the Poomsae to be performed (in any case it will be one of the compulsory Poomsae).

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"B" Class - Categories and Rules

INDIVIDUAL (m/f)	AGE	GRADE	COMPULSORY POOMSAE 1	COMPULSORY POOMSAE 2
CHILDREN 1	up to 7 years old (-2019)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
CHILDREN 2	8-11 years old (2015-2018)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
CADET 1	12-14 years old (2012-2014)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
JUNIOR 1	15-17 years old (2009-2011)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
SENIOR 1	18-30 years old (1996-2008)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang

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INDIVIDUAL (m/f)	AGE	GRADE	COMPULSORY POOMSAE 1	COMPULSORY POOMSAE 2
SENIOR 2	31–40 years old (1986–1995)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
MASTER 1	41–50 years old (1976–1985)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
MASTER 2	51–60 years old (1966–1975)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
MASTER 3	61–65 years old (1961–1965)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang
MASTER 4	66+ (1959–)	2,1 Geup	Taegeuk 7 Jang	Taegeuk 8 Jang
		4,3 Geup	Taegeuk 5 Jang	Taegeuk 6 Jang
		6,5 Geup	Taegeuk 3 Jang	Taegeuk 4 Jang
		8,7 Geup	Taegeuk 1 Jang	Taegeuk 2 Jang

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PAIRS AND TEAMS (m/f)	AGE	GRADE	COMPULSORY POOMSAE
CHILDREN	2–11 years old (–2014)	4,3,2,1 Geup	Taegeuk 5,6,7,8 Jang
		8,7,6,5 Geup	Taegeuk 1,2,3,4 Jang
CADET	12–14 years old (2011–2013)	4,3,2,1 Geup	Taegeuk 5,6,7,8 Jang
		8,7,6,5 Geup	Taegeuk 1,2,3,4 Jang
JUNIOR	15–17 years old (2008–2010)	4,3,2,1 Geup	Taegeuk 5,6,7,8 Jang
		8,7,6,5 Geup	Taegeuk 1,2,3,4 Jang
SENIOR 1	18–30 years old (1995–2007)	4,3,2,1 Geup	Taegeuk 5,6,7,8 Jang
		8,7,6,5 Geup	Taegeuk 1,2,3,4 Jang
SENIOR 2	31–50 years old (1975–1994)	4,3,2,1 Geup	Taegeuk 5,6,7,8 Jang
		8,7,6,5 Geup	Taegeuk 1,2,3,4 Jang



System of completion "B" CLASS

1st round Preliminary: When 20 or more contestants are participating: 1 Poomsae. Contestants shall perform the one assigned compulsory Poomsae, and half of them from each group shall advance to the semifinal, on the basis of their points. In the preliminary round, each group can be judged by a different group of judges. If the number of contestants is odd, then the number is rounded to be an even number, eg if there are 13 contestants in the group, 13 contestants are considered as 14 contestants and 7 contestants will advance to the semifinals.

2nd round Semi-final: When 9 to 19 contestants are participating: 1 Poomsae. The competition shall start from semi-final round. Contestants shall perform the two assigned compulsory Poomsae and 5 of them shall advance to the final, on the basis of their points.

3rd round Final: When 8 or fewer contestants are participating 1 Poomsae: The Competition shall start from the final round. Electronic scoring system.

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Accommodation:

We would like to welcome all of you in beautiful city of Belgrade, one of the oldest continuously inhabited cities in Europe and the world.

We hope that you will give me the opportunity to host you as an agency with experience of important sports events and give athletes the chance to feel and experience the best moments of sport. My experienced team will make your stay and accommodation to be remembered as one of the best, with the best quality and prices.

Where to stay in Belgrade? We kindly offer you to arrange your accommodation during your stay in BELGRADE in three official hotels located 5-10 minutes by walk from the sport hall „Ranko Zeravica” :

1. Hotel PUTNIK IN (3*)

SINGLE ROOM 60€ per night (bed&breakfast)

DOUBLE ROOM 70€

Hotel Putnik Inn Belgrade is situated in New Belgrade's centre, a business hub just 100 metres away from the Danube riverbank. This hotel is a 10-minute drive away from Belgrade's historical centre. Private parking is available at an additional cost and upon availability. Reception is also available 24 hours a day at the Putnik. Guests can use the fitness center free of charge. Its rooms are air-conditioned and equipped with a plasma cable TV. The Usce Shopping Centre and Arena New Belgrade are both less than 3 km away.

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2. Hotel NOBEL WEST (4*)

SINGLE ROOM 78€

DOUBLE ROOM 88€

TRIPLE ROOM 105€ per night

*Breakfast 18€ per person

This 4-star hotel offers a bar and air-conditioned accommodation with free Wi-Fi and a private bathroom. The property staff can arrange transportation from/to the airport. All accommodation units in the Nobel West Hotel include a flat-screen TV with cable channels. Each private bathroom comes with a shower, free toiletries and a hairdryer. In the Nobel West Hotel, all accommodation units have bed linen and towels.

3. HOTEL FALKENSTEINER BELGRADE(*4)

SINGLE ROOM 130€

DOUBLE ROOM 153€ per night

Hotel Falkensteiner Belgrade offers free wireless internet and an elegant restaurant. It is located in a dynamic district, not far from the business center of Belgrade. The Danube quay with numerous night clubs is less than 800 meters away, and the Belgrade Arena is 1.5 km away. All rooms have an elegant interior with a seating area and a wall-mounted LCD TV. The bathroom is modernly decorated. The hotel's Executive Lounge offers a panoramic view of the old city center of Belgrade. In the modern spa center you can relax and use the fitness room.

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Also, our agency can arrange private transfers 24/7 from the airport to the hotel at a fixed price of 30€.

For more information and reservations, please contact us.

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22nd OMEGA CUP - Supported by the City Sports Secretariat and the Embassy of Korea.



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