



**16-17<sup>th</sup> MAY 2026**  
**NIS - SERBIA**



**RECOGNIZABLE EVENT OF TAEKWONDO IN EUROPE!**



Dear Friends,  
Dear Taekwondo Family,

We are proud to invite you and your athletes to participate in the **10<sup>th</sup> ASTERIKS Cup**, which will be held in Nis - Serbia on **May 16-17<sup>th</sup> 2026**.

We hope that we can welcome you to participate in **10<sup>th</sup> ASTERIKS Cup** Taekwondo tournament and we guarantee high level organization and fair play.

**Taekwondo Club ASTERIKS** wishes good luck to all participants and we hope that all of you will have a wonderful time and a pleasant stay in our city.

Sincerely Yours,  
Vladan Nikodijević  
(President of Taekwondo Club ASTERIKS)



01



**Date:** Saturday and Sunday 16-17.05.2026.

**Place:** Sports Hall "CAIR", 9. Brigade, 18000 Nis - Serbia

**Organizer:** Taekwondo Club ASTERIKS, Vojvode Misica 111, Nis

**Technical organizer:** TAS - Taekwondo Association of Serbia

**Information:** Vladan Nikodijevic  
mob: +381 69 28 39 213  
mail: [tkasteriks@yahoo.com](mailto:tkasteriks@yahoo.com)

**Applications:** Online: <http://www.tkd-reg.com>  
Deadline: Sunday, 10<sup>th</sup> May 2026. until 23:59  
Changes allowed: Monday, 11<sup>th</sup> May 2026. until 11:59  
No applications will be accepted after the deadline.

<b>Entry fee:</b>	Kyrougi	60 € per competitor
	Poomsae	60 € one discipline
		70 € two disciplines
		80 € three and more disciplines
	Kyrougi + Poomsae	80 € one discipline
		90 € two disciplines
		110 € three and more disciplines

The entry fee is payable in cash during registration.

**Weigh-in:** 15<sup>th</sup> May **14:00 - 18:00h** Sports hall CAIR - (all athletes)  
16<sup>th</sup> May **14:00 - 16:00h** Sports hall CAIR - (athletes compete on sunday)

**No weigh-in on competition day**

Change of category will be possible during the registration and weigh-in with an additional fee of 30€ for each change.

**Awards:** 1st place - gold medal and diploma  
2nd place - silver medal and diploma  
3rd place - bronze medals and diplomas

Trophies are awarded to teams for the overall first, second and third place.  
Trophies and special award for the best children, cadet, junior and senior.

02

# 10<sup>th</sup> ASTERIKS Cup

## Taekwondo Tournament



**Liability:** All competitors participate at their own risk. The online registration implies that the competitors agree to assume all responsibility for themselves and to release all other parties from any and all liability which may directly or indirectly result.

**Registration Conditions:** National membership identification card or a passport is a compulsory document for registration. Competitors must present evidence of a medical check-up no older than six months.

**Protest:** Only head of team have all rights to protest immediately after match. Protest fee of 50 € – is to be paid for every protest.

### TIMETABLE:

**Friday 15<sup>th</sup> May 2026.**

**12:00 - 18:00h** Registration for all clubs

**Saturday 16<sup>th</sup> May 2026. (children all categories)**

**08:30 - 09:00h** Coaches and Referee meeting

**09:00 - 13:30h** Competition Kyorugi

**13:30 - 14:00h** Official opening ceremony

**14:00 - 18:00h** Competition Kyorugi

**18:00 - 20:00h** Final matches and award ceremony

**Sunday 17<sup>th</sup> May 2026. (cadets/juniors/seniors and poomsae)**

**Timetable is the same like saturday**

**\*TIMETABLE IS SUBJECT TO CHANGE\***

03



# KYORUGI

Scoring: **DaeDo** (all categories)

VIDEO REPLAY  
class A

## ATTENTION

Children / Cadets - **A / B class**  
Juniors / Seniors - **A / B class**

### Head Referee:

Vladan Novakovic

mob: +381 61 61 60 873

e-mail: [vlada.tkd@gmail.com](mailto:vlada.tkd@gmail.com)

### Equipment:

- The official WT Competition Rules will be used. The tournament will be based on a Single Elimination.
- All players competing will be provided with **DAEDO** electronic body protectors and E-Head Gear for their matches.
- All children (A and B class) using Head Gear with mask.
- All competitors must bring their own sensor socks.
- All age groups have A-class (standard rules - with kicks to the head), and B-class (kicks to the head are NOT allowed).
- All competitors must have registered medical exam not older than six months in order to participate.

**A class:** competitors with a minimum rank of 4th geup.

**B class:** competitors with a rank from 9th to 5th geup.

### Age category:

Children I	(8-9 year)	2017 – 2018
Children II	(10-11 year)	2015 – 2016
Cadets	(12-14 year)	2012 – 2014
Juniors	(15-17 year)	2009 – 2011
Seniors	(over 17 years)	2009 and older

04

# 10<sup>th</sup> ASTERIKS Cup

## Taekwondo Tournament



### ATTENTION

Each athlete can participate in only one class (A or B)  
and only one age group.

### Weight category:

Children I (m/f )	8-9 year -21 -23 -25 -27 -29 -31 -33 -36 -39 -43 +43
Children II (m/f )	10-11 year -27 -30 -33 -36 -40 -44 -48 -52 -57 +57
Cadets (f )	-29 -33 -37 -41 -44 -47 -51 -55 -59 +59
Cadets (m)	-33 -37 -41 -45 -49 -53 -57 -61 -65 +65
Juniors (f )	-42 -44 -46 -49 -52 -55 -59 -63 -68 +68
Juniors (m)	-45 -48 -51 -55 -59 -63 -68 -73 -78 +78
Seniors (f )	-46 -49 -53 -57 -62 -67 -73 +73
Seniors (m)	-54 -58 -63 -68 -74 -80 -87 +87

### Match duration:

Children I	(8-9 year)	3 x 1 min with 30 sec.rest
Children II	(10-11 year)	3 x 1 min with 30 sec.rest
Cadets	(12-14 year)	3 x 1,5 min with 30 sec.rest
Juniors	(15-17 year)	3 x 1,5 min with 30 sec.rest
Seniors	(17 and over)	3 x 1,5 min with 30 sec.rest



# POOMSAE

## Equipment:

- The contestants compete in taekwondo dobok, which MAY or MAY NOT be official. It is allowed to wear the standard taekwondo dobok.
- GAL/GOL license is not required for participation.

Scores will be given by 3 referees, with exclusion of highest and lowest marks in both accuracy and presentation marks.

## *A Class – Categories and rules*

INDIVIDUAL (M/F)	AGE CATEGORY	GRADE	COMPULSORY POOMSAE			
			preliminary		final	
CHILDREN 1	8-11 years old (2015-2018)	1st POOM and higher	3.	6.	5.	8.
CADETS 1	12-14 years old (2012-2014)	1st POOM and higher	4.	8.	6.	KEUMGANG
JUNIORS 1	15-17 years old (2009-2011)	1st POOM and higher	6.	7.	KORYO	TAEBACK
SENIORS 1	18-30 years old (1996-2008)	1st DAN and higher	7.	KORYO	8.	PYONGWON
SENIORS 2	31-40 years old (1986-1994)	1st DAN and higher	8.	TAEBACK	7.	PYONGWON
MASTERS 1	41-50 years old (1976-1985)	1st DAN and higher	TAEBACK	CHONKWON	KORYO	JITAE
MASTERS 2	51-60 years old (1966-1975)	1st DAN and higher	KORYO	SIPJIN	PYONGWON	TAEBACK
MASTERS 3	61-65 years old (1961-1965)	1st DAN and higher	TAEBACK	SIPJIN	JITAE	CHONKWON
MASTERS 4	Over 66 years ( -1960)	1st DAN and higher	KORYO	JITAE	PYONGWON	HANSU

# 10<sup>th</sup> ASTERIKS Cup

## Taekwondo Tournament



### B Class – Categories and rules

INDIVIDUAL (M/F)	AGE CATEGORY	GRADE	POOMSAE	
			preliminary	final
CHILDREN 1	8-11 years old (2015-2018)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
CADETS 1	12-14 years old (2012-2014)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
JUNIORS 1	15-17 years old (2009-2011)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
SENIORS 1	18-30 years old (1996-2008)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 8 Jang
SENIORS 2	31-40 years old (1955-1995)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 1	41-50 years old (1976-1985)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 2	51-60 years old (1966-1975)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 3	61-65 years old (1961-1965)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang
MASTERS 4	Over 66 years ( -1960)	2, 1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		4, 3 Geup	Taeguk 5 Jang	Taeguk 6 Jang
		6, 5 Geup	Taeguk 3 Jang	Taeguk 4 Jang
		8, 7 Geup	Taeguk 1 Jang	Taeguk 2 Jang



PAIRS	AGE CATEGORY	GRADE	COMPULSORY POOMSAE			
			preliminary		final	
CHILDREN 1	8-11 years old (2015-2018)	1st POOM and higher	2.	6.	4.	7.
CADETS 1	12-14 years old (2012-2014)	1st POOM and higher	6.	7.	5.	KORYO
JUNIORS 1	15-17 years old (2009-2011)	1st POOM and higher	4.	6.	8.	KEUMGANG
SENIORS 1	18-30 years old (1996-2008)	1st DAN and higher	8.	PYONGWON	TAEBACK	SIPJIN
SENIORS 2	over 31 years ( -1995)	1st DAN and higher	KORYO	TAEBACK	KEUMGANG	PYONGWON
TEAMS (M & F)	AGE CATEGORY	GRADE	COMPULSORY POOMSAE			
			preliminary		final	
CHILDREN 1	8-11 years old (2015-2016)	1st POOM and higher	3.	6.	4.	7.
CADETS 1	12-14 years old (2012-2014)	1st POOM and higher	4.	7.	5.	KORYO
JUNIORS 1	15-17 years old (2009-2011)	1st POOM and higher	6.	6.	8.	KEUMGANG
SENIORS 1	18-30 years old (1996-2008)	1st DAN and higher	7.	PYONGWON	TAEBACK	SIPJIN
SENIORS 2	over 31 years ( -1995)	1st DAN and higher	8.	TAEBACK	KEUMGANG	PYONGWON

## COMPETITION RULES

**Cut-off system semi-final:** When 9 and more contestants are participating; Competition shall start from semi-final round. Contestants shall perform the two assigned Compulsory Poomsae and 8 of them shall advance to the final on the basis of their points.

**Cut-off system finale:** When 8 or fewer contestants are participating; Competition shall start from the final round. Contestants shall perform two Poomsae, in accordance with the drawing of lots.

**NOTE:** If there are a large number of contestants, the organizer can change the way of qualifications - in each round contestants shall perform specified Poomsae in agreement with the Technical Commission for the A class. B class is done by one Poomsae chosen in each round of the competition. If a contestant repeats the performance Poomsae, final mark is reduced to 0.6. If a contestant performed a Poomsae that is not designated by draw sheet, final mark will be reduced by 1.0.

# 10<sup>th</sup> ASTERIKS Cup

## Taekwondo Tournament



PAIRS & TEAMS (M & F)	AGE CATEGORY	GRADE	POOMSAE	
			<i>preliminary</i>	<i>final</i>
<b>CHILDREN 1</b>	8-11 years old (2015-2018)	4,3,2,1 Geup	Taeguk 5 Jang	Taeguk 7 Jang
		8,7,6,5 Geup	Taeguk 1 Jang	Taeguk 3 Jang
<b>CADETS 1</b>	12-14 years old (2012-2014)	4,3,2,1 Geup	Taeguk 6 Jang	Taeguk 7 Jang
		8,7,6,5 Geup	Taeguk 2 Jang	Taeguk 3 Jang
<b>JUNIORS 1</b>	15-17 years old (2009-2011)	4,3,2,1 Geup	Taeguk 5 Jang	Taeguk 8 Jang
		8,7,6,5 Geup	Taeguk 1 Jang	Taeguk 4 Jang
<b>SENIORS 1</b>	18-30 years old (1996-2008)	4,3,2,1 Geup	Taeguk 6 Jang	Taeguk 8 Jang
		8,7,6,5 Geup	Taeguk 1 Jang	Taeguk 2 Jang
<b>SENIORS 2</b>	over 31 years ( -1995)	4,3,2,1 Geup	Taeguk 7 Jang	Taeguk 8 Jang
		8,7,6,5 Geup	Taeguk 3 Jang	Taeguk 4 Jang

CLASS	<i>under 17 years</i>	<i>over 17 years</i>
	<i>12-17 years old</i>	<i>over 18 years</i>
<b>Individual male</b>	1	1
<b>Individual female</b>	1	1
<b>Pair</b>	2	2
<b>Team (mix)</b>	5 (1 change)	5 (1 change)

### DECISIONS AND DECLARED THE WINNER:

- The winner is the contestant who has the most points.
- In case there is a tied score after the completion of the final round on the rank 1, 2, or 3, the contestant who is awarded more points in presentation shall be declared the winner.
- In case the score is still tied, then the one who has higher total points (including highest and lowest points) shall be the winner.
- If it's still tied then a rematch between the contestants in question shall be conducted. The referee will decide on the Poomsae to be performed (in any case one of the compulsory Poomsae).

**NOTE:** Each individual performance is rated for team placement. Team placement will be evaluated especially in the A class and B class, as well as together in both categories

**FREE STYLE POOMSAE:** is the performance based on taekwondo techniques with composition of music and choreography.

### Composition of Free Style Poomsae:

- Yeon-mu line shall be the choice of the contestant.
- Music & choreography shall be the choice of the contestant.

Performed techniques must be within boundary of taekwondo. The definition of taekwondo techniques shall be determined by Poomsae Committee, when contestant submits performance plan of free style Poomsae.





# ASTERIKS CUP 10 ANNIVERSARY

**16-17<sup>th</sup> MAY 2026**

**NIS - SERBIA**



**RECOGNIZABLE EVENT OF TAEKWONDO IN EUROPE!  
DON'T BE A GUEST BE A WINNER!**



10

**Sports Hall "CAIR" Nis - SERBIA**

**16/17<sup>th</sup> MAY 2026.**